By The Associated Press

CYCLING

AUSTIN, Texas (AP) — Lance Armstrong ended a decade of denial by confessing to Oprah Winfrey that he used performance-enhancing drugs to win the Tour de France, a person familiar with the situation told The Associated Press.

The admission came hours after an emotional apology by Armstrong to the Livestrong charity he founded and turned into a global institution on the strength of his celebrity as a cancer survivor.

The person spoke on condition of anonymity because the interview is to be broadcast Thursday on Winfrey's network. She tweeted afterward, "Just wrapped with (at)lancearmstrong More than 2 1/2 hours. He came READY!" She was to appear on "CBS This Morning" on Tuesday to discuss the interview.

The confession was a stunning reversal for Armstrong after years of public statements, interviews and court battles in which he denied doping and zealously protected his reputation.

NFL

KANSAS CITY, Mo. (AP) — Kansas City Chiefs linebacker Jovan Belcher had a blood-alcohol level more than twice the legal limit when he shot his girlfriend nine times and then killed himself in front of his coach and general manager, an autopsy showed.

The Jackson County Medical Examiner report on Belcher, 25, raised new questions about whether police should have done more before the Dec. 1 murder-suicide. Officers found Belcher sleeping in his idling car about five hours earlier, but let him go inside a nearby apartment to sleep it off.

At the time of the autopsy, Belcher's BAC was 0.17, more than twice the limit of 0.08 percent for Missouri drivers, and it was likely higher when he shot girlfriend Kasandra Perkins, 22, at the couple's Kansas City home. A police report released previously said Belcher had gone out the night before with a woman he was dating on the side while Perkins attended a concert with her friends.

BASEBALL

OAKLAND, Calif. (AP) — Oakland manager Bob Melvin got a two-year contract extension that takes him through the 2016 season after he led the A's to a surprising AL West title last year.

Oakland became the first team in major league history to win a division or pennant after trailing by five games with less than 10 to play, sweeping three games against Texas to win the division.

The A's lost to Detroit in the deciding game of its best-of-five AL division series. Oakland ended a five-year stretch without a winning record or playoff berth, finishing 94-68 with a majors-best 14 walkoff wins by a young team and rotation of rookies.

Melvin was voted AL Manager of the Year. The 51-year-old took over from the fired Bob Geren in June 2011. Melvin led the Diamondbacks to the NL West title in 2007 and also won 93 games in his rookie season with Seattle in 2003.

COLLEGE BASKETBALL

LOS ANGELES (AP) — Kevin O'Neill was fired as Southern California's basketball coach after 3 1/2 years during which he failed to turn around a program weighed down by NCAA issues that preceded his arrival and a string of player injuries.

O'Neill had a 48-65 record, including 7-10 this season after going 6-26 last year, setting a school record for losses.

Veteran assistant Bob Cantu will serve as interim coach while USC searches for a successor.

Cantu took over for O'Neill during a Pac-10 tournament semifinal game against Arizona in 2010-11 when the coach was suspended after getting into a confrontation with a Wildcats booster. He has remained on the staff through four coaching changes and is the Pac-12's longest tenured assistant.

Athletic director Pat Haden said it was evident to him that the program needed new leadership.

GOLF

ABU DHABI, United Arab Emirates (AP) — Rory McIlroy and Tiger Woods are on the same team now — at least when it comes to sponsorship.

McIlroy officially made the switch to the swoosh as Nike confirmed one of the worst-kept secrets in golf, announcing it had signed a multi-year deal with the top-ranked Northern Irishman.

The deal means Nike now has golf's two biggest names representing its brand, as Woods has been with the sportswear company since turning pro in 1996. Nike did not disclose any financial details of the deal, but industry observers have estimated that McIlroy will be paid up to $20 million a year to use the company's equipment and apparel.

McIlroy said he was “really excited” to start the season and insisted he has made a “seamless” adjustment to his new equipment, especially his driver.

SOCCER

LONDON (AP) — FIFA President Sepp Blatter has raised fresh doubts about the safety of playing the 2022 World Cup in Qatar during the summer.

There have been growing calls to move the tournament to the winter to avoid the sweltering desert heat that is expected to exceed 104 degrees in June and July.

Blatter says players and fans will be fine in the air-conditioned stadiums. But he adds that the World Cup is also an event outside the stadiums, “so it is a question mark.”

In an interview with Sky Sports News, Blatter addressed other matters. He reiterated his belief in deducting points from teams in cases of racial abuse, and he confirmed that in 2015 he’ll be leaving his job as head of soccer’s governing body.

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